



UCSF Department of Obstetrics, Gynecology
and Reproductive Sciences
University of California San Francisco, School of Medicine

46th Annual

aim2023

Antepartum and Intrapartum Management

ONSITE AND LIVE STREAM CONFERENCE



THURSDAY - SATURDAY

June 1-3, 2023

Hotel Nikko, San Francisco, CA

2023

Antepartum and Intrapartum Management

ONSITE AND LIVE STREAM CONFERENCE

Presented by the University of California, San Francisco School of Medicine, this course stresses antepartum and intrapartum assessment and clinical management in obstetrics. On the first day, various aspects of prenatal diagnosis, ultrasound, antepartum conditions, and maternal complications of pregnancy are covered. The second day is largely devoted to fetal heart rate interpretation and management of fetal heart rate patterns. The third day continues with discussions of potential complications of pregnancy and appropriate management. The course is designed for physicians, midwives, obstetric nurses, and trainees. The faculty instructors are internationally known through their clinical and basic research, scholarly articles, and texts. The faculty are highly qualified, certified by their respective specialties, and the majority are qualified or eligible for the subspecialty division of Maternal Fetal Medicine of the American Board of Obstetrics and Gynecology.

OBJECTIVES

Upon completion of this course, participants should be able to:

- Counsel patients regarding prenatal carrier screening and aneuploidy screening;
- Manage and treat hypertension postpartum;
- Appropriately manage fetal heart rate tracings in labor;
- Describe and manage thyroid disease in pregnancy;
- Describe and manage appropriate follow up of gestational diabetes;
- Manage and treat selected maternal medical complications of pregnancy and delivery using evidence-based guidelines.

REMOTE LEARNING OPPORTUNITIES AVAILABLE

This course will take place in person at the Hotel Nikko in San Francisco. You may alternatively tune in virtually. Login instructions along with the digital syllabus will be shared with attendees a week before the meeting. Included in your registration fee is access to the recorded lectures on demand (available for 30 days post-course). You must sign-in to the live conference or tune in to the live virtual conference in order to claim credit for attending.



ACCREDITATION

The University of California, San Francisco School of Medicine (UCSF) is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

UCSF designates this live activity for a maximum of **18.00 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This CME activity meets the requirements under California Assembly Bill 1195, continuing education and cultural and linguistic competency.

Nurses

For the purpose of recertification, the American Nurses Credentialing Center accepts *AMA PRA Category 1 Credit™* issued by organizations accredited by the ACCME.

Pharmacists

The California Board of Pharmacy accepts as continuing professional education those courses that meet the standard of relevance to pharmacy practice and have been approved for *AMA PRA Category 1 Credit™*.

Physician Assistants

American Academy of Physician Assistants accepts category 1 credit from AOACME, Prescribed credit from AAFP, and *AMA PRA Category 1 Credit™* from organizations accredited by the ACCME.

SPECIALTY CREDIT

AMCB Credit

AMA PRA Category 1 Credit™ is accepted by the Certificate Maintenance Program (CMP) of the American Midwifery Certification Board (AMCB) for programs relevant to midwifery. Certified nurse-midwives and certified midwives attending this program may report **18.00** credit hours.

ACOG Credit

Application has been filed with the American College of Obstetricians and Gynecologists. **Determination of credit is pending.**

Fetal Heart Rate Monitoring

The approved credits include **2.00 AMA PRA Category 1 Credit™** towards Fetal Heart Rate Monitoring and Assessment Education.

Pharmacotherapeutics CEUs for Nurses

This activity is designated for a maximum of **4.50** pharmacotherapeutic credits towards meeting the requirement for nursing pharmacology continuing education. Nurses should claim 0.1 CEUs for each contact hour of participation in designated pharmacotherapeutic continuing education.

Antepartum and Intrapartum Management

THURSDAY, JUNE 1, 2023

| | | |
|---|--|---|
| 7:00 am | <i>Registration and Continental Breakfast</i> | |
| 8:00 am | Introduction | Aaron B. Caughey, MD, PhD |
| MODERATOR: Aaron B. Caughey, MD, PhD | | |
| 8:05 | Genetics Made Easy: A Practical Approach to Genetic Screening | Mary E. Norton, MD |
| 8:35 | Common Genetic Disorders in the Family | Teresa Sparks, MD, MAS |
| 9:05 | Advocating for Evidence-based Obstetrics in 2023 | Amy (Meg) Autry, MD |
| 9:35 | Questions and Answers | |
| 9:55 | <i>Coffee Break</i> | |
| 10:15 | P Managing Early Pregnancy Complications in the Office | Suzanne Seger, RN, MTS, CNM and Sheri L. Foote, CNM |
| 10:45 | P Vaping and Marijuana in Pregnancy | Tricia Wright, MD, MS |
| 11:15 | Outcomes and Management of IVF Pregnancies | Katherine A. Connolly, MD |
| 11:45 | Questions and Answers | |
| 12:05 pm | <i>Lunch (individually arranged)</i> | |
| MODERATOR: Mary E. Norton, MD | | |
| 1:30 | P Progesterone: Preterm Birth Prevention or Placebo? | Martha Tesfalul, MD |
| 2:00 | P Management of Thyroid Disease in Pregnancy | Nasim C. Sobhani, MD, MAS |
| 2:30 | P Management of Incidental Transaminitis | Roxanna Irani, MD, PhD |
| 3:00 | Questions and Answers | |
| 3:20 | <i>Coffee Break</i> | |
| 3:40 | Reimagining Pregnancy Care | Malini Nijagal, MD, MPH |
| 4:10 | Decarbonizing Your Clinical Practice | Marya G. Zlatnik, MD, MMS |
| 4:40 | Recognizing and Responding to Trauma in the Perinatal Period | Amanda Yeaton-Massey, MD, PMH-C |
| 5:10 | Questions and Answers | |
| 5:30 pm | <i>Adjourn</i> | |
| 5:30-6:30 pm | <i>Julian T. Parer Wine and Cheese Reception</i> | |

FRIDAY, JUNE 2, 2023

| | | |
|---|---|---------------------------------|
| 7:00 am | <i>Registration and Continental Breakfast</i> | |
| MODERATOR: Brian L. Shaffer, MD | | |
| 8:00 | Update on Timing of Induction of Labor – After the ARRIVE Trial | Aaron B. Caughey, MD, PhD |
| 8:30 | Quality and Safety Update – How Are We Being Evaluated? | Christian Pettker, MD |
| 9:00 | Management of Physical Trauma in Pregnancy | Deirdre J. Lyell, MD |
| 9:30 | Questions and Answers | |
| 9:50 | <i>Coffee Break</i> | |
| 10:10 | Choosing Wisely 2023 - SMFM Recommendations | Melissa G. Rosenstein, MD, MAS |
| 10:40 | The Next Step in California's Cesarean & Quality Improvement Journey: Integrating Midwives, Doulas, and Community-Based Birth Care | Holly Smith, CNM, MPH |
| 11:10 | P Protocols for Induction of Labor | Robyn A. Lamar, MD, MPH |
| 11:40 | Questions and Answers | |
| 12:00 pm | <i>Lunch (individually arranged)</i> | |
| MODERATOR: Tekoa L. King, CNM, MPH | | |
| 1:30 | P Non-pharmacologic Management of Pain in Labor | Rebecca H. Amirault, CNM |
| 2:00 | F Second Stage Fetal Heart Rate Management Pearls | Sindhu K. Srinivas, MD, MSCE |
| 2:30 | Management of OP Position – Considerations for Labor Management and Mode of Delivery | Juan M. González-Velez, MD, PhD |
| 3:00 | Questions and Answers | |
| 3:20 | <i>Coffee Break</i> | |
| 3:40 | F Fetal Heart Rate Monitoring Interactive Session | Faculty Panel |
| MODERATOR: Aaron B. Caughey, MD, PhD | | |
| Panelists: | | |
| Christian Pettker, MD | | |
| Sindhu K. Srinivas, MD, MSCE | | |
| Juan M. González-Velez, MD, PhD | | |
| Meghan Duck, MS, RNC-OB, CNS | | |
| Holly Smith, CNM, MPH | | |
| Deirdre J. Lyell, MD | | |
| 5:10 | Questions and Answers | |
| 5:15 pm | <i>Adjourn</i> | |

Onsite and Live Stream Conference



SATURDAY, JUNE 3, 2023

7:00 am Continental Breakfast

MODERATOR: **Mary E. Norton, MD and Aaron B. Caughey, MD, PhD**

| | | | |
|----------|----------|---|------------------------------|
| 8:00 | | How Do We Decrease Maternal Morbidity and Mortality? | Divya Mallampati, MD, MPH |
| 8:30 | P | Diagnosis and Management of Gestational Diabetes | Jennifer Duffy, MD |
| 9:00 | | Incorporating Anti-racism into M&Ms | Christian Pettker, MD |
| 9:30 | | Questions and Answers | |
| 9:50 | | <i>Coffee Break</i> | |
| 10:10 | P | Innovative Approaches to Detection and Management of Postpartum Hypertension | Sindhu K. Srinivas, MD, MSCE |
| 10:40 | | Fetal Growth Restriction – Update for 2023 | Brian L. Shaffer, MD |
| 11:10 | | Future of Abortion Care After Roe | Daniel Grossman, MD |
| 11:40 | | Questions and Answers | |
| 12:00 pm | | <i>Adjourn</i> | |

P Nursing Pharmacology Credit

F Fetal Heart Rate Monitoring Credit

GENERAL INFORMATION

Advance in-person registration closes on **May 30, 2023**. On site registration fees will be applied after this date. Registration for the live stream will close at 8:00 am on Saturday June 3rd.

HOW TO ENROLL

Tuition:

By 4/15/2023

| | |
|--------------|---|
| \$795 | Practicing Physicians |
| \$595 | Nurses, Nurse Practitioners, Nurse-Midwives, and Other Health Professionals |
| \$495 | Trainees |

After 4/15/2023

| | |
|--------------|---|
| \$845 | Practicing Physicians |
| \$645 | Nurses, Nurse Practitioners, Nurse-Midwives, and Other Health Professionals |
| \$545 | Trainees |

The syllabus will be transmitted electronically to all registrants a week prior to the conference.

Payment can be made by American Express, Visa, MasterCard or check.

REGISTER VIA:

Online: <https://virtualce.ucsf.edu/AIM>

Mail: Complete course registration form and send with payment to:

UCSF Office of CME
490 Illinois Street, Floor 8
San Francisco, CA 94143

Phone: To register by phone or to inquire about registration status, please call UCSF's CME Registration Office at (415) 476-5808. Please check our website for up-to-date information on the course:

<https://virtualce.ucsf.edu/AIM>

REFUND POLICY

Cancellations received in writing before **May 30, 2023** will be refunded, less a \$75 administrative fee. No refunds will be made on cancellations received after that date.

CONFERENCE LOCATION

Enjoy San Francisco's renowned attractions such as the historic cable cars, shopping in Union Square, or visit San Francisco's culinary hub at the Ferry Building.

Hotel Nikko San Francisco is just steps from Union Square and the Theatre District.

A block of guestrooms has been reserved at the special UCSF conference rate of **\$229/night**. You are urged to make your reservations early. The cut off date is **April 30, 2023**, or until the group room block is filled. After this date, rooms will be provided on a space-available basis only. To make hotel reservations online, go to <https://virtualce.ucsf.edu/AIM> and click on the hotel link in the Travel & Lodging section of the course webpage.

if you prefer to telephone in your reservation, call 800-248-3308, please identify yourself as a member of this UCSF conference to receive the special rate. By staying at the host hotel, you help UCSF meet its contractual obligations and keep registration fees reasonable.

AIR TRANSPORTATION has negotiated special fares with airlines. Please visit the **TRAVEL & LODGING** section of the course webpage at <https://virtualce.ucsf.edu/AIM> for more information and discount.

COVID SAFETY

This conference will follow city, state, and federal health and safety guidelines for meeting in person. By registering for the in-person conference attendees agree to adhere to these guidelines. Information will be shared with registrants a week before the conference.

REGISTER TODAY! For more information or to register online visit our website at cme.ucsf.edu. You may also reach us by calling the Office of CME at (415) 476-4251 or emailing info@ocme.ucsf.edu.

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UCSF

UPCOMING COURSE

2023 Obstetrics & Gynecology Update:
What Does the Evidence Tell Us?
October 11-13, 2023
Marines' Memorial Hotel
San Francisco, California

UCSF Office of CME
UCSF Box 0742
490 Illinois Street, Floor 8
San Francisco, CA 94143

COURSE CHAIRS

Mary E. Norton, MD
Professor, Department of Obstetrics, Gynecology and Reproductive Science, and of Pediatrics
University of California, San Francisco

Aaron B. Caughey, MD, MPP, MPH, PhD
Professor and Chair
Department of Obstetrics & Gynecology; Associate Dean for Women's Health Research & Policy
Oregon Health & Science University, Portland, Oregon

Tekoa L. King, CNM, MPH
Emeritus AIM Course Chair

Brian L. Shaffer, MD
Prenatal Diagnosis Director
Sutter West Bay Medical Group,
San Francisco, CA

GUEST FACULTY

Deirdre J. Lyell, MD
Dunlevie Endowed Professor of Maternal-Fetal Medicine
Department of Obstetrics and Gynecology; Associate Director, Division of Maternal-Fetal Medicine and Obstetrics; Director, Program in Placental Disorders; Medical Director, Labor and Delivery
Stanford University School of Medicine, Stanford, California

Christian Pettker, MD
Professor of Obstetrics, Gynecology and Reproductive Sciences; Chief Patient Safety Officer and Associate Chief Quality Officer, Yale Medicine and Yale New Haven Health; Chief of Obstetrics; Vice Chair of Quality, Obstetrics, Gynecology & Reproductive Sciences,
New Haven, CT

GUEST FACULTY (CONT'D)

Holly Smith, CNM, MPH
Midwifery & Health Policy Consultant
Health Policy Chair at California Nurse-Midwives Association

Sindhu K. Srinivas, MD, MSCE
Professor
Associate Chief Medical Officer - Quality and Safety, Hospital of the University of Pennsylvania
Vice Chair for Quality and Safety
Department of Obstetrics and Gynecology, Division of Maternal Fetal Medicine, University of Pennsylvania Perelman School of Medicine, Philadelphia, PA

UCSF FACULTY
(Department of Obstetrics, Gynecology and Reproductive Sciences unless otherwise noted)

Rebecca H. Amirault, CNM
Professor, Department of Obstetrics, Gynecology and Reproductive Science, University of California, San Francisco

Amy (Meg) Autry, MD
Professor and Director of CME and Faculty Development; Interim Chief Obstetrics and Gynecology, UCSF Fresno

Katherine A. Connolly, MD
Assistant Professor, Division of Maternal-Fetal Medicine

Meghan Duck, MS, RNC-OB, CNS
UCSF Perinatal Outreach Educator

Jennifer Duffy, MD
Assistant Professor, Division of Maternal-Fetal Medicine

Sheri L. Foote, CNM
Associate Professor, Division of Maternal Fetal Medicine

Juan M. González-Velez, MD, PhD
Professor and Chief of Obstetrics

Daniel Grossman, MD
Professor; Director, Advancing New Standards in Reproductive Health (ANSIRH)

UCSF FACULTY (CONT'D)

Roxanna Irani, MD, PhD
Assistant Professor, Division of Maternal-Fetal Medicine
Ambulatory Executive Medical Director for Women's Health
Robyn A. Lamar, MD, MPH
Associate Professor
Medical Director, Gynecologic Services

Divya Mallampati, MD, MPH
Assistant Professor, Division of Maternal-Fetal Medicine

Malini Nijagal, MD, MPH
Professor, Division of Obstetrics, Gynecology, and Gynecologic Subspecialties

Melissa G. Rosenstein, MD, MAS
Associate Professor, Division of Maternal Fetal Medicine
Medical Director for Quality and Patient Safety for Obstetrics, UCSF

Suzanne Seger, RN, MTS, CNM
Advanced Practice Midwife

Nasim C. Sobhani, MD, MAS
Assistant Professor, Division of Maternal Fetal Medicine
Medical Director, Endocrine, Diabetes, and Pregnancy Program (EDAPP)

Teresa Sparks, MD, MAS
Assistant Professor, Division of Maternal Fetal Medicine

Martha Tesfalul, MD
Assistant Professor, Division of Maternal Fetal Medicine

Tricia Wright, MD, MS
Professor, Division of Obstetrics, Gynecology, and Gynecologic Subspecialties

Amanda Yeaton-Massey, MD, PMH-C
Assistant Professor, Division of Maternal Fetal Medicine
Medical Director, Perinatal Mental Health

Marya G. Zlatnik, MD, MMS
Professor, Division of Maternal Fetal Medicine
Associate Director, Maternal Fetal Health & the Environment

faculty

Course Registration • MOB23003
46th ANNUAL ANTEPARTUM AND
INTRAPARTUM MANAGEMENT
June 1-3, 2023
HOTEL NIKKO, SAN FRANCISCO, CA

Mail to : Office of CME
UCSF Box 0742
490 Illinois Street, Floor 8
San Francisco, CA 94143

Online registration:
<https://virtualce.ucsf.edu/AIM>
Registration Information: (415) 476-5808
Course Information: (415) 476-4251

Dr. Ms. Mr. Mrs. Mx.

LAST NAME FIRST M.I.

DEGREE SPECIALTY

ADDRESS

CITY STATE ZIP

DAYTIME PHONE

EMAIL

Address Label Code Letter (see address label: example, A, B, C, D, etc.) _____

Would you like to be on our priority email list? Yes No

Registration Fees*

In Person Attendance Live Stream Attendance

- \$795 Physicians (\$845 after 4/15/2023)
- \$595 Other Health Professionals (\$645 after 4/15/2023)
- \$495 Residents/Fellows (\$545 after 4/15/2023)



Make checks payable to *UC Regents*

Please charge my credit card: Visa MasterCard AmEx for \$ _____

CARD # _____ / _____ / _____ EXPIRATION DATE

NAME ON CARD (PLEASE PRINT) _____ AUTHORIZED SIGNATURE _____

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This conference will follow city, state, and federal health and safety guidelines for meeting in person. By registering for the in-person conference attendees agree to adhere to these guidelines. Please check our website for up to date information on the course:
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