

Transgender Medicine, Surgery, and Mental Health Care Clinician Training Institute Pre-Conference to the 2023 Transgender Health Summit



Friday May 5, 2023

HYATT REGENCY SAN FRANCISCO

COURSE DIRECTOR

Madeline Deutsch, MD, MPH

Director, UCSF Gender Affirming Health Program



cme.ucsf.edu

2023 NATIONAL
TRANSGENDER
HEALTH SUMMIT





Transgender Medicine, Surgery, and Mental
Health Care Clinician Training Institute

Pre-Conference to the 2023 Transgender Health Summit

Hyatt Regency • San Francisco, CA

To reduce barriers to care for people who might otherwise avoid seeing a doctor and to provide training to Providers regarding routine health procedures, hormone management, bone health, surgical techniques and complications, voice concerns, pre-pubertal issues, ethical considerations which are unique to the transgender population.

TARGET AUDIENCE

Endocrinologists, primary care providers, PAs, social workers, PhD researchers, psychologists, pharmacists, Advanced Practice Providers (RNs, PAs, NPs)

OBJECTIVES

- Utilize various regimens of providing cross-gender hormone therapy;
- Appropriately advise transgender patients about the range of surgical procedures and relevant perioperative primary care available to them;
- Counsel transgender patients on reproductive health considerations as well as general gynecologic health
- Improve diagnosis, evaluation and medical management in transgender children and adolescents with hormones and pubertal blockers;
- Apply key management issues in the care of transgender patients with mental health dual diagnoses;
- Integrate current research and evidence based practices in transgender health and mental health care into clinical practice.

ACCREDITATION

The University of California, San Francisco School of Medicine (UCSF) is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

UCSF designates this live activity for a maximum of **7.00 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This CME activity meets the requirements under California Assembly Bill 1195, continuing education and cultural and linguistic competency.

Nurses

For the purpose of recertification, the American Nurses Credentialing Center accepts **AMA PRA Category 1 Credit™** issued by organizations accredited by the ACCME.

Physician Assistants

American Academy of Physician Assistants accepts category 1 credit from AOACME, Prescribed credit from AAFP, and **AMA PRA Category 1 Credit™** from organizations accredited by the ACCME.

Family Physicians:

Application for CME credit has been filed with the American Academy of Family Physicians. **Determination of credit is pending.**

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Friday, May 5, 2023

7:00am Continental Breakfast and Registration

CONCURRENT WORKSHOPS

8:00	Introductory Medicine Track <ul style="list-style-type: none">• Terminology, Demographics, and Health Disparities• Building an Inclusive and Affirming Clinical Environment Next Level Medicine Track <ul style="list-style-type: none">• Managing patients with co-occurring cardiovascular, Cerebrovascular, and thromboembolic disease or risks Next Level Mental Health Track <ul style="list-style-type: none">• Critical considerations in the assessment of pubertal-age youth	Nathan Levitt, NP Maddie Deutsch, MD, MPH Jack Turban, MD
9:00	Introductory Medicine Track <ul style="list-style-type: none">• Overview of gender affirming care and treatment• Introduction to hormone therapy Introductory Mental Health Track <ul style="list-style-type: none">• Surgical assessment and preparation Next Level Medicine Track <ul style="list-style-type: none">• Approach to trans and gender expansive youth and adolescents• Bone health across the lifespan Next Level Mental Health Track (sub-session A) <ul style="list-style-type: none">• Approach to pre-pubertal children Next Level Mental Health Track (sub-session B) <ul style="list-style-type: none">• Psychotherapeutic interventions for adults	Erika Sullivan, MD Dan Karasic, MD Janet Lee, MD Diane Ehrensaft, PhD Shawn Giammattei, PhD
10:15	Break	

CONCURRENT WORKSHOPS

10:35	Introductory Medicine Track <ul style="list-style-type: none">• Approach to trans and gender expansive youth and adolescents• Bone health across the lifespan Introductory Mental Health Track <ul style="list-style-type: none">• Assessment of adults• Psychotherapeutic interventions for adults	Janet Lee, MD Shawn Giammattei, PhD
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program

GENERAL INFORMATION

Advanced registration closes one (1) business day prior to start of course. Onsite registration fees, if applicable, will be applied after this date.

HOW TO ENROLL

Tuition: **\$300** Physicians
\$250 Nurses/Pharmacists/Advanced Health Practitioners/Residents/Fellows

* Onsite registration will be \$25 additional

Payment can be made by American Express, Visa, MasterCard or check.

GREENER MEETING

We're saving paper! The syllabus will be transmitted electronically prior to the course.

REGISTER VIA

Online: cme.ucsf.edu

Mail: Complete course registration form and send with payment to:
UCSF Office of CME
490 Illinois St., Floor 8
San Francisco, CA 94143

Phone: To register by phone or to inquire about registration status, please call UCSF's CME Registration Office at (415) 476-5808.

Please check our website for up-to-date information on the course: cme.ucsf.edu

On-Site Registration: Generally we are able to accommodate on-site registration at our courses, however pre-registration is preferred to ensure that we have adequate course materials.

REFUND POLICY

Cancellations received in writing before **May 4, 2023** will be refunded, less a \$75 administrative fee. No refunds will be made on cancellations received after that date.

CONFERENCE LOCATION

Enjoy San Francisco's renowned attractions such as the historic cable cars, shopping in Union Square, or visit San Francisco's culinary hub at the Ferry Building.

The Transgender Summit will be held in San Francisco at the **Hyatt Regency Embarcadero**, the only Four-Diamond downtown San Francisco

Hyatt Regency San Francisco

Friday, May 5, 2023 (cont'd)

CONCURRENT WORKSHOPS (cont'd)

11:35	Next Level Medicine Track <ul style="list-style-type: none">Gynecologic considerations for people with ovaries and/or a uterus	Mitzi Hawkins, MD
	Next Level Mental Health Track <ul style="list-style-type: none">In-depth surgical assessments and preparation	Dan Karasic, MD
	Introductory Medicine Track <ul style="list-style-type: none">Primary care	Erika Sullivan, MD
	Introductory Mental Health Track <ul style="list-style-type: none">Approach to pre-pubertal and pubertal children	Diane Ehrensaft, PhD
	Next Level Medicine Track <ul style="list-style-type: none">Complex cases	Maddie Deutsch, MD, MPH
12:35 pm	Next Level Mental Health Track <ul style="list-style-type: none">Review of current literature	Jack Turban, MD
	Lunch	
	2:00	SOC8 Updates
	2:30	Voice and Communication
	3:00	Fertility and Family Building
4:00	Break	

CONCURRENT WORKSHOPS

4:15	Medical Track <ul style="list-style-type: none">Common surgical complications and management	Thomas Satterwhite, MD Dev Gurjala, MD
	Mental Health Track <ul style="list-style-type: none">Managing patients with co-occurring mental health diagnosesNeurodiversity	Dan Karasic, MD
	5:00	Multidisciplinary Approaches to Trans and Gender Diverse Youth and Adolescent Care
6:00 pm	Adjourn	Abby Cobb-Walch, MD Diane Ehrensaft, PhD Maddie Deutsch, MD, MPH Moderator
	G • Geriatric Credit P • Pain Credit	

hotel situated near the Embarcadero waterfront. Guests will enjoy immediate access to both the Financial District and the city's most famous attractions. You'll find the historic Ferry Building on one side of this expansive hotel, the ferry to Alcatraz and the Bay on the other, and stunning views all around. With so many options, you may choose to wander through Chinatown to Fisherman's Wharf, shop in Union Square or board the cable cars for a riding tour of the city. A block of guestrooms has been reserved at the special UCSF conference rate of **\$189/night**. You are urged to make your reservations early. The cut off date is **April 13, 2023**, or until the group room block is filled. After this date, rooms will be provided on a space-available basis only. To make hotel reservations on-line, (go to **cme.ucsf.edu** and click on the hotel link in the Travel & Lodging section of the course webpage) **OR**

RESERVATIONS
Hyatt Regency Embarcadero
5 Embarcadero Center, San Francisco, CA 94111
(415) 788-1234 or Toll Free at (888) 591-1234
<https://www.hyatt.com/en-US/group-booking/SFORS/G-NTHS/ATTENDEE>.
By staying at the host hotel, you help UCSF meet its contractual obligations and keep registration fees reasonable.
AIR TRANSPORTATION
UCSF has negotiated special fares with airlines and car rental agencies. Please visit the TRAVEL AND LODGING section on the course webpage at **cme.ucsf.edu** for more information and discount codes.

general
information

♻️ Printed on Recycled Paper

For more information or to register online visit our website at cme.ucsf.edu
You may also reach us by calling the Office of CME at (415) 476-4251 or emailing info@ocme.ucsf.edu.



UPCOMING COURSES

Transgender Summit
May 5, 2023
Hyatt Regency – San Francisco, CA

University of California,
San Francisco
Office of CME • Box 0742
490 Illinois St., Floor 8
San Francisco, CA 94143

COURSE DIRECTOR

Madeline Deutsch, MD, MPH
Director, UCSF Gender Affirming
Health Program
Primary Care Specialist

COURSE FACULTY
(University of California, San Francisco
unless indicated)

Abby Cobb-Walch, MD
Internal Medicine Specialist

Diane Ehrensaft, PhD
Professor of Pediatrics
Mental Health Director, Child and
Adolescent Gender Center
Gender Specialist

Shawn V. Giammattei, PhD
Clinical Psychologist, Private Practice
San Francisco, CA

Dev Gurjala, MD
Gender Confirmation Plastic Surgeon
San Francisco, CA

COURSE FACULTY (CONT'D)

Mitzi Hawkins, MD
Obstetrician and Gynecologist

Dan Karasic, MD
Professor Emeritus, Psychiatry
UCSF Weill Institute for
Neurosciences

Janet Lee, MD
Endocrinologist

**Nathan Levitt, FNP-BC, MSN, RN,
BSN, MA**
Director of LGBTQ and
Gender Justice Learning
Yale School of Nursing
Boston, MA

Thomas Satterwhite, MD
Cosmetic, Plastic &
Reconstructive Surgery Specialist
CPMC, San Francisco, CA

Sarah L. Schneider, CCC-SLP, MS
Director, Speech-Language
Pathology

COURSE FACULTY (CONT'D)

James F. Smith, MD, MS
Professor and Director,
Male Reproductive Health
Urology

Erika A. Sullivan, MD
Family & Preventative Medicine,
Assistant Professor (Clinical)
Community Physician Group,
Affiliated Physician
Salt Lake City, UT

Jack Turban, MD, MHS
Professor of Child &
Adolescent Psychiatry
Affiliate Faculty, Philip R. Lee
Institute for Health Policy Studies

faculty



REGISTRATION • MFC23005

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Clinician Training Institute****Pre-Conference to the 2023 Transgender Health Summit**

May 5, 2023 • Hyatt Regency San Francisco

Mail to : UCSF Office of CME
490 Illinois St., Floor 8
San Francisco, CA 94143**Online registration:** cme.ucsf.edu
Registration Information: (415) 476-5808
Course Information: (415) 476-4251☐ Dr. ☐ Ms. ☐ Mr. ☐ Mrs. ☐ Mx.

LAST NAME	FIRST	M.I.
DEGREE		SPECIALTY
ADDRESS		
CITY	STATE	ZIP
DAYTIME PHONE		FAX
EMAIL		

Address Label Code Letter (see address label: example, A, B, C, D, etc.) _____Would you like to be on our priority email list? ☐ Yes ☐ No

Please indicate if you have any special needs: _____

Registration Fees:

- ☐ **\$300** Physicians
- ☐ **\$250** Nurses/Pharmacists/Adv. Health Practitioners/Residents/Fellows

Check enclosed payable to *UC Regents*Please charge my credit card: ☐ Visa ☐ MasterCard ☐ AmEx for \$ _____

CARD # _____ EXPIRATION DATE _____

NAME ON CARD (PLEASE PRINT) _____ AUTHORIZED SIGNATURE _____

Refund Policy: Cancellations received in writing before the first day of the course will be refunded, less a \$75 administrative fee. No refunds will be made on cancellations received after that date.Please check our website for up to date information on the course: cme.ucsf.edu

Hyatt Regency San Francisco
5 Embarcadero
San Francisco, CA 94111
Hotel Phone: (415) 788-1234

