To reduce barriers to care for people who might otherwise avoid seeing a doctor and to provide training to Providers regarding routine health procedures, hormone management, bone health, surgical techniques and complications, voice concerns, pre-pubertal issues, ethical considerations which are unique to the transgender population.

**TARGET AUDIENCE**
Endocrinologists, primary care providers, PAs, social workers, PhD researchers, psychologists, pharmacists, Advanced Practice Providers (RNs, PAs, NPs)

**OBJECTIVES**
- Utilize various regimens of providing cross-gender hormone therapy;
- Appropriately advise transgender patients about the range of surgical procedures and relevant perioperative primary care available to them;
- Counsel transgender patients on reproductive health considerations as well as general gynecologic health
- Improve diagnosis, evaluation and medical management in transgender children and adolescents with hormones and pubertal blockers;
- Apply key management issues in the care of transgender patients with mental health dual diagnoses;
- Integrate current research and evidence based practices in transgender health and mental health care into clinical practice.

**ACCREDITATION**
The University of California, San Francisco School of Medicine (UCSF) is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. UCSF designates this live activity for a maximum of 7.00 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This CME activity meets the requirements under California Assembly Bill 1195, continuing education and cultural and linguistic competency.

**Nurses**
For the purpose of recertification, the American Nurses Credentialing Center accepts AMA PRA Category 1 Credit™ issued by organizations accredited by the ACCME.

**Physician Assistants**
American Academy of Physician Assistants accepts category 1 credit from AOACCME, Prescribed credit from AAFP and AMA PRA Category 1 Credit™ from organizations accredited by the ACCME.

**Family Physicians**
Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

cme.ucsf.edu
Friday, May 5, 2023
7:00am  Continental Breakfast and Registration

CONCURRENT WORKSHOPS
8:00  Introductory Medicine Track
• Terminology, Demographics, and Health Disparities
  Nathan Levitt, NP
• Building an Inclusive and Affirming Clinical Environment

Next Level Medicine Track
• Managing patients with co-occurring cardiovascular, Cerebrovascular, and thromboembolic disease or risks
  Maddie Deutsch, MD, MPH

Next Level Mental Health Track
• Critical considerations in the assessment of pubertal-age youth
  Jack Turban, MD

9:00  Introductory Medicine Track
• Overview of gender affirming care and treatment
  Erika Sullivan, MD
• Introduction to hormone therapy

Introductory Mental Health Track
• Surgical assessment and preparation
  Dan Karasic, MD

Next Level Medicine Track
• Approach to trans and gender expansive youth and adolescents
• Bone health across the lifespan

Next Level Mental Health Track (sub-session A)
• Approach to pre-pubertal children
  Diane Ehrensaft, PhD

Next Level Mental Health Track (sub-session B)
• Psychotherapeutic interventions for adults
  Shawn Giammattei, PhD

10:15  Break

CONCURRENT WORKSHOPS
10:35  Introductory Medicine Track
• Approach to trans and gender expansive youth and adolescents
• Bone health across the lifespan

Introductory Mental Health Track
• Assessment of adults
• Psychotherapeutic interventions for adults
  Shawn Giammattei, PhD

GENERAL INFORMATION
Advanced registration closes one (1) business day prior to start of course. Onsite registration fees, if applicable, will be applied after this date.

HOW TO ENROLL
Tuition:
$300  Physicians
$250  Nurses/Pharmacists/Advanced Health Practitioners/Residents/Fellows

* Onsite registration will be $25 additional

Payment can be made by American Express, Visa, MasterCard or check.

GREENER MEETING
We’re saving paper! The syllabus will be transmitted electronically prior to the course.

REGISTER VIA
Online:  cme.ucsf.edu
Mail:  Complete course registration form and send with payment to:
  UCSF Office of CME
  490 Illinois St., Floor 8
  San Francisco, CA  94143

Phone:  To register by phone or to inquire about registration status, please call UCSF’s CME Registration Office at (415) 476-5808.

Please check our website for up-to-date information on the course:  cme.ucsf.edu

On-Site Registration: Generally we are able to accommodate on-site registration at our courses, however pre-registration is preferred to ensure that we have adequate course materials.

REFUND POLICY
Cancellations received in writing before May 4, 2023 will be refunded, less a $75 administrative fee. No refunds will be made on cancellations received after that date.

CONFERENCE LOCATION
Enjoy San Francisco’s renowned attractions such as the historic cable cars, shopping in Union Square, or visit San Francisco’s culinary hub at the Ferry Building.

The Transgender Summit will be held in San Francisco at the Hyatt Regency Embarcadero, the only Four-Diamond downtown San Francisco
Friday, May 5, 2023 (cont’d)

CONCURRENT WORKSHOPS (cont’d)

Next Level Medicine Track
• Gynecologic considerations for people with ovaries and/or a uterus
  Mitzi Hawkins, MD

Next Level Mental Health Track
11:35
• In-depth surgical assessments and preparation
  Dan Karasic, MD

Introductory Medicine Track
• Primary care
  Erika Sullivan, MD

Introductory Mental Health Track
• Approach to pre-pubertal and pubertal children
  Diane Ehrensaft, PhD

Next Level Medicine Track
• Complex cases
  Maddie Deutsch, MD, MPH

Next Level Mental Health Track
• Review of current literature
  Jack Turban, MD

12:35 pm  Lunch

2:00  SOC8 Updates
  Dan Karasic, MD

2:30  Voice and Communication
  Sarah Schneider, SLP

3:00  Fertility and Family Building
  James Smith, MD

4:00  Break

CONCURRENT WORKSHOPS

4:15  Medical Track
• Common surgical complications and management
  Thomas Satterwhite, MD
  Dev Gurjala, MD

Mental Health Track
• Managing patients with co-occurring mental health diagnoses
  Dan Karasic, MD
• Neurodiversity

5:00  Multidisciplinary Approaches to Trans and Gender Diverse Youth and Adolescent Care
  Abby Cobb-Walch, MD
  Diane Ehrensaft, PhD
  Maddie Deutsch, MD, MPH
  Moderator

6:00 pm  Adjourn

G • Geriatric Credit  P • Pain Credit

hotel situated near the Embarcadero waterfront. Guests will enjoy immediate access to both the Financial District and the city’s most famous attractions. You’ll find the historic Ferry Building on one side of this expansive hotel, the ferry to Alcatraz and the Bay on the other, and stunning views all around. With so many options, you may choose to wander through Chinatown to Fisherman’s Wharf, shop in Union Square or board the cable cars for a riding tour of the city.

A block of guestrooms has been reserved at the special UCSF conference rate of $189/night. You are urged to make your reservations early. The cut off date is April 13, 2023, or until the group room block is filled. After this date, rooms will be provided on a space-available basis only.

To make hotel reservations on-line, (go to cme.ucsf.edu and click on the hotel link in the Travel & Lodging section of the course webpage) OR

RESERVATIONS
Hyatt Regency Embarcadero
5 Embarcadero Center, San Francisco, CA 94111
(415) 788-1234 or Toll Free at (888) 591-1234

By staying at the host hotel, you help UCSF meet its contractual obligations and keep registration fees reasonable.

AIR TRANSPORTATION
UCSF has negotiated special fares with airlines and car rental agencies. Please visit the TRAVEL AND LODGING section on the course webpage at cme.ucsf.edu for more information and discount codes.

general information
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Madeline Deutsch, MD, MPH
Director, UCSF Gender Affirming Health Program
Primary Care Specialist

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UPCOMING COURSES
Transgender Summit
May 5, 2023
Hyatt Regency – San Francisco, CA

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Upcoming Courses
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Registration Fees:
☐ $300 Physicians
☐ $250 Nurses/Pharmacists/Adv. Health Practitioners/Residents/Fellows

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