Health, Occupation and the Environment: Global Issues and Local Action and Updates in Occupational and Environmental Medicine





The Making of a Fresco Showing the Building of a City by Diego Rivera - 1931 © 2012 Joaquin Martinez

COURSE CHAIRS

Gina Solomon, MD MPH

Professor of Medicine; Chief, Division of Occupational, Environmental and Climate Medicine

John Balmes, MD

Emeritus Professor of Medicine; Division of Occupational, Environmental and Climate Medicine

Robert Harrison, MD MPH

Clinical Professor of Medicine; Division of Occupational, Environmental and Climate Medicine

Rahmat Balogun, DO MS MPH

Associate Clinical Professor of Medicine; Medical Director, UCSF Occupational Health Services Division of Occupational, Environmental and Climate Medicine

Stephanie Holm, MD MPH PhD

Director, Western States Pediatric Environmental Health Specialty Unit; Assistant Clinical Professor of Medicine, Division of Occupational, Environmental and Climate Medicine

Sandra Domeracki, RN MSN FNP-BC COHN

Professor, Community Health Systems, School of Nursing WEDNESDAY - FRIDAY

March 12-14, 2025

Omni San Francisco Hotel 500 California Street San Francisco, CA 94101

* Live Stream is available for those who cannot attend in person



cme.ucsf.edu







Health, Occupation and the Environment: Global Issues and Local Action *and* Updates in Occupational and Environmental Medicine

March 12-14, 2025

These courses are presented by the Division of Occupational, Environmental and Climate Medicine in the Department of Medicine at the University of California San Francisco. They provide targeted reviews of one topic area along with a broader update of current topics in occupational and environmental health. The curriculum is designed for occupational and environmental health professionals, including occupational physicians and nurses, and industrial hygienists. It also meets the needs of primary care providers and others engaged in practice and research, including physicians (family medicine practitioners, internists, emergency medicine specialists), advanced practice nurses and other nursing professionals, and physician assistants. Policy makers and medico-legal practitioners also benefit from the curriculum offered.

The first day of the 2025 course, **Health, Occupation, and the Environment: Global Issues and Local Action**, will focus on global issues in Occupational and Environmental Health and be held in honor of the late Dr. Joseph "Joe" LaDou, MD., a great teacher and editor of a definitive textbook in occupational and environmental medicine.

The second and third days will cover challenging cases in Occupational and Environmental Medicine, Generative AI, Integrative Medicine and effective advocacy for patients and communities. This year's conference will also include breakout sessions, interactive demonstrations, and other opportunities to interact with the presenters and other attendees. A poster session will be held during afternoon of the second day to showcase work from students, trainees, and other participants. A call for posters will be issued prior to the meeting.

TARGET AUDIENCE

This course is designed to provide the experienced clinician with a review of the epidemiology, and the evaluation of occupational and environmental diseases and injuries. The curriculum will also include a substantial component focused on issues specifically pertinent to occupationally, and climate environmentally related disease. Most attendees will be occupational physicians, but some are specialists in related fields who will profit by an in-depth presentation of occupational and environmental medicine topics. Thus, although targeted for physicians, some non-physicians, in particular graduate nurses, usually attend and benefit from the curriculum. Some attendees are from developing countries where physicians are not available to provide consultation to industry for the development of health and safety programs; others have been U.S. nurse practitioners who play a pivotal role in occupational health.

OBJECTIVES

Attendees completing this course will be able to:

- Analyze the evolving landscape of Occupational and Environmental Health (OEH) practice by identifying emerging challenges related to climate change, planetary health, and patient-centered integrative care to improve competency in addressing complex clinical cases.
- Apply evidence-based strategies and systematic approaches to assess and manage challenging OEH cases, incorporating integrative and multidisciplinary perspectives that align with current trends and best practices in the field.
- Develop a comprehensive approach to patient and community health by integrating knowledge of climate and environmental factors with traditional occupational health practices to enhance clinical outcomes and address broader public health concerns.

ACCREDITATION

In support of improving patient care, University of California, San Francisco is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

UCSF designates this live activity for a maximum of 19.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This CME activity meets the requirements under California Assembly Bill 1195, continuing education and cultural and linguistic competency.

Geriatric Medicine: The approved credits shown above include 3.00 geriatric credits toward meeting the requirement under California Assembly Bill 1820, Geriatric

Pain Medicine: The approved credits shown above include 5.00 Pain Credits towards meeting the requirement under California Assembly Bill 487, Pain Management and Care for the Terminally III.

Trauma: The approved credits shown above include 1.50 credits toward satisfying the American College of Surgeons Committee on Trauma requirement for trauma-related continuing medical education.

Nurses: For the purpose of recertification, the American Nurses Credentialing Center accepts *AMA PRA Category 1 Credit™* issued by organizations accredited by the ACCME.

Physician Assistants: AAPA accepts category 1 credit from AOACCME, Prescribed credit from AAFP, and AMA PRA Category 1 Credit[™] from organizations accredited by the ACCME.

Pharmacy: The California Board of Pharmacy accepts as continuing professional education those courses that meet the standard of relevance to pharmacy practice and have been approved for AMA PRA Category 1 CreditTM.

Family Physicians: Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

California Division of Workers Compensation – Medical Unit (QME Credit): Approved for California Division of Workers Compensation – Medical Unit for Qualified Medical Evaluator credit.

WEDNESDAY, MARCH 12, 2025

HEALTH, WORK AND THE ENVIRONMENT: GLOBAL ISSUES AND LOCAL ACTION

| HEALTH, WORK AND THE ENVIRONMENT: GLOBAL ISSUES AND LOCAL ACTION | | | | |
|--|----------|---|--|---|
| | 7:00 am | | Registration and Continental Breakfast | |
| | 7:45 | | Introductions | Robert Harrison, MD MPH and John Balmes, MD |
| | 8:00 | | KEYNOTE: The Expanding Global Impact of Occupational and Environmental Disease in a Changing Climate | Isabella Annesi-Maessano, MD PhD |
| | 8:50 | | Carbon Capture, Removal and Storage Technologies: Potential Human Health Risks | Seth B.C. Shonkoff, PhD MPH |
| | 9:40 | | Break | |
| | 10:10 | | Plastics: Lifecycle Impacts on Workers, Climate and the Environment | Charlotte Brody, RN |
| | 10:50 | | The Green Economy: Innovation for Better or for Worse | Meg Schwarzman, MD PhD MPH |
| | 11:30 | G | The Green Economy, Globalization and the Health of Workers and Communities | Moderator: Gina Solomon, MD MPH Panelists: Charlotte Brody, RN Meg Schwarzman, MD PhD MPH |
| | 12:00 pm | | Lunch on Own | |
| | 1:15 | Т | KEYNOTE: Investigative Journalism and Worker Safety and Health | Jim Morris |
| | 2:00 | Т | Reducing Disease and Death from Artisanal and Small-Scale Mining (ASM) | Benoit Nemery, MD PhD |
| | 2:40 | G | Heat and Vulnerable Workers – Local and Global Impacts | Ximena P. Vergara, PhD MPH |
| | 3:20 | | Break | |
| | 3:50 | | Connecting the Dots: The Historical Role of Global Leaders in Occupational and Environmental Health | Paul Blanc, MD MSPH |
| CLOSING PANEL | | | | |
| | 4:30 | | What Would Joe LaDou do about Working Conditions Today? | Moderator: Robert Harrison, MD MPH |

| 5:15 pm | Adjourn | | | |
|--|--|--|--|--|
| THURSDAY, MARCH 13, 2025 MORNING SESSION: CHALLENGING CASES IN OCCUPATIONAL & ENVIRONMENTAL MEDICINE 7:15 am Registration and Continental Breakfast | | | | |
| 8:00 | Introductions | Sandra Domeracki, RN MSN FNP-BC COHN-S | | |
| 8:10 P | Chronic Pain Mechanisms from Periphery to Cortex | Prasad Shirvalkar, MD PhD | | |
| 8:50 9:30 | Mold Exposures and Health Break | Gina Solomon, MD MPH | | |
| 10:00 P | Long COVID and Chronic Fatigue Syndromes in Workers | Carla Kuon, MD | | |
| 10:50 P | Roundtable Breakout Sessions Pain Mold* Long COVID | Prasad Shirvalkar, MD PhD Gina Solomon, MD MPH Carla Kuon, MD | | |
| 11:40 | Challenging Cases: Roundtable Debrief Panel | Moderator: Sandra Domeracki, RN MSN FNP-BC COHN-S Panelists: Prasad Shirvalkar, MD PhD Gina Solomon, MD MPH Carla Kuon, MD | | |
| 12:00 pm | | | | |
| 1:15 | Round Robin Panel: How to be an Effective Advocate for Your Patients and Communities Governmental Agencies Working with Unions Medico-legal Issues Media Advocacy | Panel Moderator: John Balmes, MD Mariela Ruacho, MS Laura Stock, MPH Timur Durrani, MD MPH MBA Carly Severn | | |
| 2:00 | Breakout Roundtables | | | |

Panelists: Ted Smith Garrett D. Brown, MPH CIH Sadie Costello, PhD

Mariela Ruacho, MS Laura Stock, MPH

Carly Severn

Timur Durrani, MD MPH MBA

Media Advocacy 2:45 Coffee Break / Poster Abstract Session 5:00 pm Adjourn

Governmental Agencies Working with Unions Medico-legal Issues*

FRIDAY, MARCH 14, 2025

MORNING SESSION: UPDATES IN OCCUPATIONAL AND ENVIRONMENTAL MEDICINE

| 7:15 am | | Registration and Continental Breakfast | Delever Delever DO MO MOL |
|---------|----|--|--|
| 8:00 | | Introductions | Rahmat Balogun, DO MS MPH |
| 8:10 | PG | The Biological Mechanisms of Yoga for the Treatment of Chronic Multi-Symptom Illness | Peter J. Bayley, PhD |
| 9:00 | Р | Meditation and Mindfulness: An Approach to Help Workers Dealing with Injuries and Everyday Stressors | Kavita K. Mishra, MD MPH |
| 9:50 | | Break | |
| 10:10 | | Nature Therapy | Ben Page, MA |
| 11:00 | PG | Experiential Breakout Sessions Yoga/Movement Meditation Mindfulness* Nature Therapy | Rahmat Balogun, DO MS MPH Kavita Mishra, MD MPH Ben Page, MA |

AFTERNOON SESSION: ARTIFICIAL INTELLIGENCE (AI) IN OCCUPATIONAL HEALTH

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|---------------------------------------|---|----------------------------|--|--|
| 1:15P | Generative AI: From Occupational to Climate Medicine | Stefano Leitner, MD MPH MS | | |
| 1:55 | SmartChart and Medico-Legal Reporting | Michael Lesh, SM MD FACC | | |
| 2:35 | The Growing Role of Digital Scribe and Related Technologies | Karl Swanson, DO MS | | |
| 3:15 | Extended Coffee Break Al Demonstration Stations: CHILL Climate; Digital Scribe; Digesting Data; Generating Letters and Responses using Al | | | |

CLOSING PANEL

12:00 pm

| 4:00 | Wrap-Up Panel Discussion: The Future of OECM | Panel Moderator: |
|------|--|----------------------------------|
| | • • | Gina Solomon, MD MPH |
| | | Panelists: Benoit Nemery, MD PhD |

Carisa Harris-Adamson, PhD Rahmat Balogun, DO MS MPH

5:15 pm Adjourn

P - Pain Credit G - Geriatric Credit T - Trauma Credit * - Breakout Session via Live Stream

GENERAL INFORMATION

Advance registration closes one (1) business day prior to start of course.

Lunch on Own

HOW TO ENROLL All fees will be the same for live stream. We will be offering a *hybrid live stream option for attendees who cannot attend in person.

FULL COURSE Registration Fees

(Three Days · March 12-14, 2025) Early Bird Rate: Ends 1/24/2025 18.00 AMA PRA Category 1 Credits™

by 1/24/25 after 1/24/25 **Physicians** \$700 \$750 Advanced Practice \$550 \$600 Professionals Residents/Fellows/Trainees \$375

Current graduate trainees should inquire regarding special registration options. If you would like to register for only the Health, Occupation and the **Environment: Global Issues and Local Action** or **Updates in Occupational and Environmental** Medicine, see below:

Health, Occupation and the Environment: Global Issues and Local Action · (One Day · March 12, 2025) 8.00 AMA PRA Category 1 Credits™

by 1/24/25 after 1/24/25 \$375 Physicians \$425 Advanced Practice \$250 \$300 Professionals Residents/Fellows/Trainees \$225 \$275 **Updates in Occupational and Environmental Medicine** Section Only · (Two Days · March 13-14, 2025) 10.00 AMA PRA Category 1 Credits™

by 1/24/25 after 1/24/25 **Physicians** \$425 \$475 Advanced Practice \$325 \$375 Professionals Residents/Fellows/Trainees \$200 \$250

GREENER MEETING

We're saving paper! The syllabus will be available approximately electronically one week prior to the course.

REGISTER VIA

Online: cme.ucsf.edu

Mail: Complete course registration form and

send with payment to: **UCSF Office of Continuing Medical Education** 490 Illinois Street, Floor 7 San Francisco, CA 94143

To register by phone or to inquire about Phone:

registration status, please call UCSF's CME Registration Office at (415) 476-5808.

Refund Policy: Cancellations received in writing before the first day of the course will be refunded, less a \$75 administrative fee. No refunds will be made on cancellations received after that date.

CONFERENCE LOCATION

The Omni San Francisco Hotel is in the heart of downtown, and a short walk from art and cultural centers, the historic cable car line, Union Square and Chinatown. Many attractions are convenient to reach from our San Francisco hotel.

A block of guestrooms has been reserved at the special UCSF conference rate of \$219/night. You are urged to make your reservations early. The cut-off date is February 17, 2025, or until the group room block is filled. After this date, rooms will be provided on a space-available basis only. To make hotel reservations online, go to cme.ucsf.edu and click on the hotel link in the Travel & Lodging section of the course webpage. If you prefer to telephone in your reservation, call reservations at (800) 228-9290 or (415) 775-7555. Please identify yourself as a member of this UCSF conference to receive the special rate.

By staying at the host hotel, you help UCSF meet its contractual obligations and keep registration fees reasonable.

AIR TRANSPORTATION

UCSF has negotiated special fares with airlines and car rental agencies. Please visit the TRAVEL AND LODGING section on the course webpage at cme.ucsf.edu for more information and discount codes.

REGISTER NOW! For more information or to register online visit our

ON-SITE

Medical Education at tiny.ucsf.edu/cmehelp or call (415) 476-5808. contacting the Office of Continuing also reach us by website at **cme.ucsf.edu** You may

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Live Stream is available for those who cannot attend in person

 490 Illinois Street, Floor 7
 San Francisco, CA 94143 Jniversity of California, San Francisco · Office of CME Box 0742

COURSE CHAIRS

University of California, San Francisco

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Robert Harrison, MD MPH Clinical Professor of Medicine

Division of Occupational, **Environmental and Climate Medicine**

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Stephanie Holm, MD MP PhD Director, Western States Pediatric Environmental Health Specialty Unit

Assistant Clinical Professor of Medicine, Division of Occupational, Environmental, and Climate Medicine

Sandra Domeracki, RN MSN **FNP-BC COHN-S**

Professor, Community Health Systems, School of Nursing

COURSE FACULTY Faculty affiliated with UCSF unless otherwise stated

Isabella Annesi-Maessano, MD PhD Desbrest Institute of Epidemiology and Public Health, University Montpellier, INSERM Montpellier, France

Peter J. Bayley, PhD

Director of Research, War Related Illness and Injury Study Center (WRIISC), VA Palo Alto; Health Care System; Clinical Associate Professor (Affiliated), Department of Psychiatry and Behavioral Sciences, Stanford University

COURSE FACULTY (CONT'D)

Paul Blanc, MD MSPH Professor of Medicine Emeritus

Charlotte Brody, RN

Vice President, Health Initiatives, Bluegreen Alliance

Garrett D. Brown, MPH CIH

Coordinator, Maquiladora Health and Safety Support Network Sadie Costello, PhD

Associate Professor, Environmental Health Science, UC Berkeley

Timur Durrani, MD MPH MBA Professor of Medicine, Associate Chief for Clinical Services of OECM

Carisa Harris-Adamson, PhD Professor of Medicine and Director Center for Occupational and Environmental Health

Carla Kuon, MD Associate Professor of Medicine Osher Center for Integrative Health Director, UCSF post COVID OPTIMAL-IH Clinic

Stefano Leitner, MD MP MS Kaiser Permanente Occupational Health, San Rafael

Michael Lesh, SM, MD FACC Professor of Medicine, Executive Director of Health Technology Innovation,

Office of the Vice Chancellor Kavita K. Mishra, MD MPH

Professor of Medicine and Osher Foundation Endowed Chair in Clinical Programs in Integrative Health, Osher Center for Integrative Health Director, Proton Ocular Radiation Oncology

Jim Morris

Founder and Executive Director, Public Health Watch

COURSE FACULTY (CONT'D)

Benoit Nemery, MD PhD Professor of Medicine Clinic for Occupational and Environmental Medicine, Department of Respiratory Diseases, University Hospitals Leuven, Belgium

Ben Page, MA

Guide, Author and Global Advocate for Forest Bathing Founder, Integral Forest Bathing

Mariela Ruacho, MS

Senior Manager, Advocacy, Clean Air, American Lung Association, Sacramento, California

Meg Schwarzman, MD PhD MPH Environmental Health Scientist and Lecturer, UC Berkeley

Prasad Shirvalkar, MD PhD

Associate Professor, Anesthesia (Pain Management) Neurological Surgery and Neurology

Ted Smith

Founder, Silicon Valley Toxics Coalition and Coordinator, International Campaign for Responsible Technology San Jose CA

Laura Stock, MPH

Director, Labor Occupational Health Program (LOHP), Center for Occupational Health, UC Berkeley

Karl Swanson, DO MS

Ambience Heath Care. San Francisco

Ximena P. Vergara, Ph, MPH Chief, Hazard Evaluation System

and Information Service California Department of Public Health, Occupational Health Branch



COURSE REGISTRATION FORM · ONSITE AND LIVE STREAM · MDM25N01

Health, Occupation and the Environment: Global Issues and Local Action and Updates in Occupational and Environmental Medicine

Mail to: UCSF Office of CME, Box 0742

March 12-14, 2025 · San Francisco Omni San Francisco Hotel · San Francisco

Register online: cme.ucsf.edu

| | Francisco, CA 94143 | or by phone at (415) 476- | |
|--|---|--|------------------------|
| □ Dr. □ Ms. | □ Mr. □ Mrs. □ Mx. | | |
| LAST NAME | | FIRST | M.I. |
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| CITY | | STATE | ZIP |
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| & Please indi | cate if you have any special ne | eds: | |
| Would you lik | e to be on our priority email list | :? □ Yes □ No | |
| (Three days ● \$700 Phy □ \$550 Adv | SE Registration Fees • All fees March 12-14, 2025) 18.00 AM sicians (\$750 after 1/24/2025) anced Practice Professionals (idents/Fellows/Trainees (\$425 a | IA PRA Category 1 Credits™ \$600 after 1/24/2025) | |
| INDIVIDUAL | | | |
| (One day • M ☐ \$375 Phy ☐ \$250 Adv | pation and the Environment: arch 12, 2025) 8.00 AMA PRA sicians (\$425 after 1/24/2025) anced Practice Professionals (\$ idents/Fellows/Trainees (\$250 a | Category 1 Credits™ \$300 after 1/24/2025) | ction (March 12, 2025) |
| Updates in Occupational and Environmental Medicine Section Only (Two Days • March 13-14, 2025) 10.00 AMA PRA Category 1 Credits™ □ \$425 Physicians (\$475 after 1/24/2025) □ \$325 Advanced Practice Professionals (\$375 after 1/24/2025) □ \$200 Residents/Fellows/Trainee (\$250 after 1/24/2025) | | | |
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| | | | / |
| CARD # | | | EXPIRATION DATE |

Refund Policy: Cancellations received in writing before **March 11, 2025** will be refunded, less a \$75 administrative fee. No refunds will be made on cancellations received after that date.

Please check our website for up-to-date information on the course: **cme.ucsf.edu**

Omni San Francisco Hotel

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