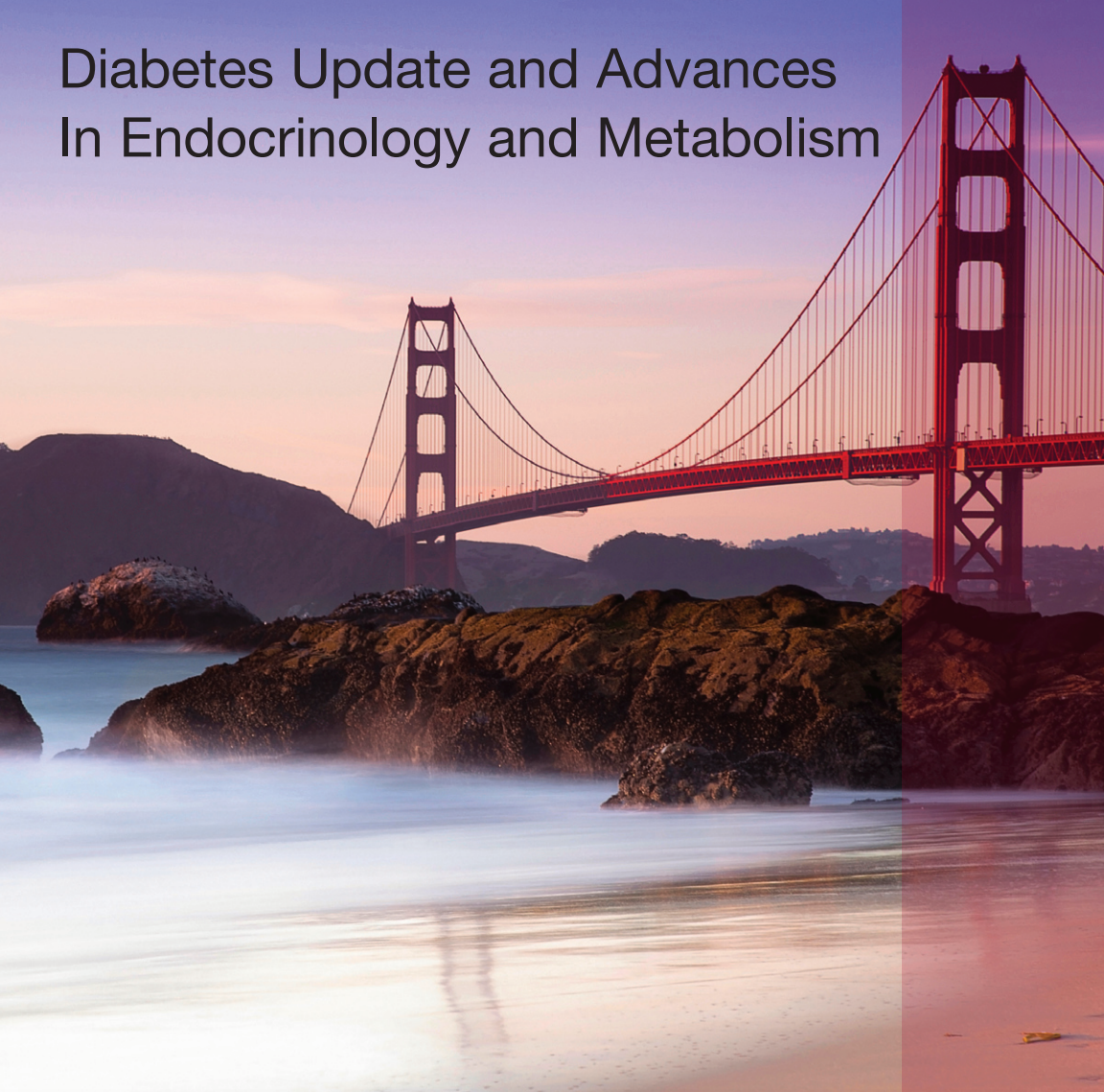


Diabetes Update and Advances In Endocrinology and Metabolism



Thursday - Saturday

March 27-29, 2025

**Marines' Memorial Club & Hotel
San Francisco, CA**

The Diabetes Update section on Thursday focuses on new ideas and therapies relevant to patients with Type 1 and Type 2 diabetes. Advances in Endocrinology and Metabolism on Friday and Saturday will provide the clinician with updated, pragmatic information about the management of common endocrinologic and metabolic problems, as well as insight into important current areas in clinical research. Formal presentations will be accompanied by question and answer periods with general discussion. Clinical cases will focus on common endocrine problems encountered in clinical practice.

TARGET AUDIENCE

This course is intended for general internists, family physicians, general practitioners, surgeons, nurses, pharmacists, and other allied health professionals. It is expected that the participants will gain new life skills and strategies to manage these disorders.

DIABETES UPDATE

At the completion of this program, course participants will be able to:

- Use newly introduced drugs to control glucose levels in patients with Type 2 Diabetes;
- Appreciate the pharmacodynamics of different insulin preparations including once weekly insulins;
- Assess and initiate pump therapy in people with Type 1 Diabetes;
- Understand how stem cells can be used to make new islets to cure Type 1 Diabetes;
- Evaluate for peripheral vascular disease and refer for treatment in a timely manner;
- Appreciate the long term impact of GLP1 receptor agonists/SGLT2 inhibitors and manage any complications associated with their use;
- Manage diabetes in patients who are undergoing cancer treatment;
- Understand the role of diabetes in causing diseases of the heart.

ADVANCES IN ENDOCRINOLOGY & METABOLISM

At the completion of this program, course participants will be able to:

- Optimize treatment of hypoparathyroidism including the use of newly approved parathyroid hormone preparation;
- Assess how to use denosumab in the treatment of osteoporosis;
- Evaluate a patient with a low alkaline phosphatase and decide which patient needs treatment with asfotase alpha;
- Evaluate patients for primary hyperaldosteronism;
- Appreciate how artificial intelligence/machine learning can help in the evaluation of nodules visualized on ultrasound and deciding whether a biopsy is indicated;
- Advise when it is safe to monitor a patient with known thyroid cancer and avoid surgery;
- Know treatment options for thyroid eye disease and when to use of teprotumumab;
- Obtain an overview of how to manage congenital adrenal hyperplasia and learn about new therapeutic approaches;
- Deliver high quality care for patients with an incidental pituitary nodule;
- Treat lipid disorders in children and young adults;
- Manage elevated triglycerides.

ACCREDITATION

In support of improving patient care, University of California, San Francisco Office of Continuing Medical Education is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physicians: UCSF designates this live activity for a maximum of **18.25 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This CME activity meets the requirements under California Assembly Bill 1195, continuing education and cultural and linguistic competency.

Nurses: For the purpose of recertification, the American Nurses Credentialing Center accepts *AMA PRA Category 1 Credit™* issued by organizations accredited by the ACCME.

Physician Assistants: AAPA accepts category 1 credit from AOACCME, Prescribed credit from AAFP, and *AMA PRA Category 1 Credit™* from organizations accredited by the ACCME.

Pharmacists: The California Board of Pharmacy accepts as continuing professional education those courses that meet the standard of relevance to pharmacy practice and have been approved for *AMA PRA Category 1 Credit™*.

Registered Dietitians: The Commission on Dietetic Registration accepts as continuing professional education those courses that meet the standard of relevance to dietetic practice and have been approved for *AMA PRA Category 1 Credit™*.

Geriatric Medicine: The approved credits shown above include **7.25** credits toward meeting the requirement under California Assembly Bill 1820, Geriatric Medicine.

Maintenance of Certification: Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to **18.25** MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC points.

Diabetes Update and Advances In Endocrinology and Metabolism

DIABETES UPDATE

Thursday, March 27, 2025

7:30 am		<i>Registration/Continental Breakfast</i>	
8:00		Stem Cells and Islets – Towards a Cure for Diabetes	Julie B. Sneddon, PhD
8:55	G	An Update on Agents to Manage Type 2 Diabetes	Gregory Ku, MD, PhD
9:50		<i>Break</i>	
10:10	G	Automated Insulin Delivery Devices – Optimizing Use	Sarah Kim, MD
11:05		Limb Preservation in Diabetes – An Update	Michael S. Conte, MD
12:00 pm		<i>Lunch (On Your Own)</i>	
1:15	G	Update on Insulins	Robert J. Rushakoff, MD
2:10	G	Diabetes and Cancer	Zoe Quandt, MD, MS
3:05		<i>Break</i>	
3:25	G	Diabetes and the Heart	Umesh Masharani, MB, BS
4:20	G	Clinical Cases in Diabetes	Moon Kyung Choi, MD
5:15 pm		<i>Adjourn</i>	

ADVANCES IN ENDOCRINOLOGY AND METABOLISM

Friday, March 28, 2025

7:30 am		<i>Registration/Continental Breakfast</i>	
8:00 am		Pituitary – Incidentalomas and Some Other Things	Elizabeth J. Murphy, MD, DPhil
8:55	G	Management of Hypoparathyroidism	Dolores Shoback, MD
10:10		An Update on Osteoporosis Management with Denosumab – Indications, Limitations and Transitions	Kelly Wentworth, MD
9:50		<i>Break</i>	
11:05		What to do with Low Alkaline Phosphatase in an Adult?	Edward Hsiao, MD, PhD
12:00 pm		<i>Lunch (On Your Own)</i>	
1:15		Recent Updates in Endocrinology – Clinical Case Based Discussion	Elizabeth Holt, MD, PhD
2:10		Advances in Ultrasound – Based Thyroid Nodule Evaluation	Poorani Goundan, MB, BS
3:05		<i>Break</i>	
3:25	G	Updates for the Management of Differentiated Thyroid Cancer – Active Surveillance vs. Surgery	Julie Ann Sosa, MD, MA, FACS, FSSO
4:20		Thyroid Eye Disease Management	Bryan J. Winn, MD
5:15 pm		<i>Adjourn</i>	

Saturday March 29, 2025

8:00		Primary Hyperaldosteronism	Robert Weber, MD, PhD
8:55		CAH New Approaches	Ayca Erkin-Cakmak, MD, MPH
9:50		<i>Break</i>	
10:10		Lipid Disorders in Children and Young Adults	Martin Thelin, MD, PhD
11:05		Update on Managing Elevated Triglycerides	Suneil Koliwad, MD, PhD
12:00 pm		<i>Adjourn</i>	

G • Geriatric Credit

program

GENERAL INFORMATION

Advanced registration closes one (1) business day prior to start of course. Advance registration is encouraged to ensure adequate course materials. The syllabus will be available electronically approximately 1 week prior to the course.

HOW TO ENROLL SESSIONS

	Early Bird Ends 02/28/25	Regular Fee Begins 03/01/25
Physician Full Course	\$635.00	\$685.00
Physician Diabetes Only	\$385.00	\$435.00
Physician Endo Only	\$485.00	\$535.00
AHP Full Course	\$435.00	\$485.00
AHP Diabetes Only	\$285.00	\$335.00
AHP Endo Only	\$335.00	\$385.00
Resident/Fellow Full Course	\$350.00	\$400.00
Resident/Fellow Diabetes Only	\$200.00	\$250.00
Resident/Fellow Endo Only	\$300.00	\$350.00

* Nurses, Nurse Practitioners, Physician Assistants, Dietitians, Pharmacists, Residents, Fellows and Interns are eligible for the Advanced Health Care Professionals rate.

REGISTER VIA

Online: cme.ucsf.edu

Mail: Complete course registration form and send with payment to:
**UCSF Office of Continuing
Medical Education**
Box 0742 • 490 Illinois Street, Floor 7
San Francisco, CA 94143

For more information or to register visit our website at cme.ucsf.edu. For support, visit tiny.ucsf.edu/cmehelp or call 415.476.5808

Payment can be made by check, Visa, MasterCard, or AmEx.

REFUND POLICY

Cancellations received in writing before **March 26, 2025** will be refunded, less a \$75 administrative fee. No refunds will be made on cancellations received after that date.

CONFERENCE LOCATION

Enjoy San Francisco's renowned attractions such as the historic cable cars, shopping in Union Square, or visit San Francisco's culinary hub at the Ferry Building.

The Marines' Memorial Club & Hotel is just steps from Union Square, famed cable cars, and the Theatre District. A block of guestrooms has been reserved at the special UCSF conference rate of **\$239 Standard Room/\$269 Deluxe Room**. You are urged to make your reservations early. The cut-off date is **February 25, 2025** or until the group room block is filled. After this date, rooms will be provided on a space available basis only. To make hotel reservations, you can book online at <https://marinesmemorial.org> and click Attendees can click the "Book a Stay"

Reservation button and place the offer code **DIAB2025** or call 1-800-562-7463 and ask for UCSF Diabetes Update 2025 in order to receive the group rate. The Marines' Memorial Club & Hotel is pleased to include the following in the room rates as quoted:

- Complimentary Deluxe Continental breakfast and a two-hour hosted cocktail reception daily in the Restaurant and Bar located on the 12th floor of the hotel, with panoramic views of the city
- Entrance to Active Sports Club Union Square with indoor lap pool and state of the art equipment located on property
- Complimentary use of the Business Center, with internet access, scanner, fax and printer
- Complimentary High speed Broadband and Wi-Fi access in all guestrooms, suites and function space.

**Hotel Policies: Reservations must be cancelled at least 48 hours in advance or a one-night's stay (and applicable taxes) will be charged. A credit card number is required to confirm your reservation. Check-in is 4:00 pm; Checkout is 12:00 noon.

Reservation requests made after **February 25, 2025** will be honored at the conference room-rates on a space available basis. Room rates are subject to all state and local taxes (currently 16.43%, subject to change without notice).

By staying at the host hotel, you help the University of California meet its contractual obligations and keep future registration fees reasonable. Please take this into consideration when making your accommodation decisions.

AIR TRANSPORTATION

UCSF has negotiated special fares with United Airlines and Hertz Car Rental for our course attendees. Please visit the TRAVEL AND LODGING section on the course webpage for more information and the proper discount codes.

general info



University of California, San Francisco • Office of CME
Box 0742 • 490 Illinois Street, Floor 7 • San Francisco, CA 94143**COURSE CHAIR**

University of California, San Francisco

Umesh Masharani, MB, BSProfessor of Medicine
Division of Endocrinology
and Metabolism**COURSE FACULTY****Ayca Erkin-Cakmak, MD, MPH**Assistant Professor
Division of Pediatric Endocrinology**Moon Kyung Choi, MD**Assistant Professor of Medicine
Division of Endocrinology and
Metabolism**Michael S. Conte, MD**Professor and Chief
Division of Vascular and
Endovascular Surgery**Poorani Goundan, MB, BS**Assistant Professor of Medicine
Division of Endocrinology and
Metabolism**Elizabeth Holt, MD, PhD**Professor of Medicine and Surgery
Director of Inpatient Endocrinology
and Transition Care
Division of Endocrinology and
Metabolism**Edward Hsiao, MD, PhD**Professor in Residence
Institute of Genetics and Division
of Endocrinology and Metabolism**Sarah Kim, MD**Professor of Medicine,
Division of Endocrinology
and Metabolism
Director, ZSFG Adult Diabetes Clinic,
Adult Weight
Management Clinic
UCSF Diabetes Teaching Center**Suneil Koliwad, MD, PhD**Associate Professor in Residence
Chief, Division of Endocrinology
and Metabolism**Gregory Ku, MD, PhD**Associate Professor
Division of Endocrinology and
Metabolism**Elizabeth J. Murphy, MD, DPhil**Professor of Medicine
Chief, Division of Endocrinology
and Metabolism
Zuckerberg San Francisco
General Hospital**Zoe Quandt, MD, MS**Assistant Professor of Medicine
Division of Endocrinology and
Metabolism**Robert J. Rushakoff, MD, MS**Professor of Medicine
Division of Endocrinology
and Metabolism**Dolores Shoback, MD**Professor of Medicine in Residence
Endocrine Research Unit
San Francisco VA Medical Center**Julie B. Sneddon, PhD**Associate Professor
Department of Cell and Tissue
Biology; Diabetes Center
Broad Center of Regeneration
Medicine and Stem Cell Research
Co-Director, Developmental and
Stem Cell Biology Graduate Program**Julie Ann Sosa, MD, MA, FACS, FSSO**Leon Goldman, MD Distinguished
Professor of Surgery and
Chair, Department of Surgery;
Professor, Department of Medicine
Affiliated Faculty, Philip R. Lee
Institute for Health Policy Studies**Martin Thelin, MD, PhD**Assistant Professor
Division of Pediatric Endocrinology**Robert Weber, MD, PhD**Endocrine Fellow
Division of Endocrinology
and Metabolism**Kelly Wentworth, MD**Assistant Professor of Medicine
Division of Endocrinology and
Metabolism**Bryan J. Winn, MD**Professor of Ophthalmology, UCSF
Chief of Ophthalmology,
San Francisco VA Medical Center

faculty

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Mail to : UCSF Office of CME, Box 0742
490 Illinois Street, Floor 7
San Francisco, CA 94143

Register online: cme.ucsf.edu
For support, please visit tiny.ucsf.edu/cmehelp
or by phone at (415) 476-5808

Dr. Ms. Mr. Mrs. Mx.

LAST NAME	FIRST	M.I.
DEGREE		SPECIALTY
ADDRESS		
CITY	STATE	ZIP
DAYTIME PHONE		
EMAIL		CELL PHONE

Address Label Code Letter (see address label: example, A, B, C, D, etc.) _____

Please indicate if you have any special needs: _____

Would you like to be on our priority email list? Yes No

Registration Fees

Please check session(s) attending:

	Early Bird Ends 02/28/25	Regular Fee Begins 03/01/25
Physician Full Course	<input type="checkbox"/> \$625.00	<input type="checkbox"/> \$675.00
Physician Diabetes Only	<input type="checkbox"/> \$375.00	<input type="checkbox"/> \$425.00
Physician Endo Only	<input type="checkbox"/> \$475.00	<input type="checkbox"/> \$525.00
AHP Full Course	<input type="checkbox"/> \$425.00	<input type="checkbox"/> \$475.00
AHP Diabetes Only	<input type="checkbox"/> \$275.00	<input type="checkbox"/> \$325.00
AHP Endo Only	<input type="checkbox"/> \$325.00	<input type="checkbox"/> \$375.00
Resident/Fellow Full Course	<input type="checkbox"/> \$350.00	<input type="checkbox"/> \$400.00
Resident/Fellow Diabetes Only	<input type="checkbox"/> \$200.00	<input type="checkbox"/> \$250.00
Resident/Fellow Endo Only	<input type="checkbox"/> \$300.00	<input type="checkbox"/> \$350.00

Check enclosed **payable to UC Regents**

Please charge my credit card: Visa MasterCard AmEx for \$ _____

CARD #	EXPIRATION DATE
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NAME ON CARD (PLEASE PRINT)	AUTHORIZED SIGNATURE
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Refund Policy: Cancellations received in writing before **March 28, 2025** will be refunded, less a \$75 administrative fee. No refunds will be made on cancellations received after that date.

Please check our website for up-to-date information on the course: www.cme.ucsf.edu

Marines' Memorial Club & Hotel
609 Sutter St
San Francisco, CA 94102
+1 (415) 673-6672
<https://marinesmemorial.org>

