

Diabetes Update and Advances In Endocrinology and Metabolism



Thursday - Saturday

March 28-30, 2024

Marines' Memorial Club & Hotel
San Francisco, CA

The Diabetes Update section on Thursday focuses on new ideas and therapies relevant to patients with Type 1 and Type 2 diabetes. Advances in Endocrinology and Metabolism on Friday and Saturday will provide the clinician with updated, pragmatic information about the management of common endocrinologic and metabolic problems, as well as insight into important current areas in clinical research. Formal presentations will be accompanied by question and answer periods with general discussion. Clinical cases will focus on common endocrine problems encountered in clinical practice.

TARGET AUDIENCE

This course is intended for general internists, family physicians, general practitioners, surgeons, nurses, pharmacists, and other allied health professionals. It is expected that the participants will gain new life skills and strategies to manage these disorders.

DIABETES UPDATE

At the completion of this program, course participants will be able to:

- Successfully initiate hybrid closed loop pump systems in patients with Type 1 Diabetes;
- Screen patients with diabetes for monogenic forms of diabetes;
- Initiate and optimize insulin treatment in people with Type 2 Diabetes;
- Assess and implement treatment for diabetes in patients with various malignancies;
- Screen people for risk of Type 1 Diabetes and use teplizumab to delay onset of disease;
- Understand how ER stress causes diabetes and what can be done;
- Foresee the long term issues related to the new treatments for Type 2 Diabetes;
- Understand how large clinical data sets can be used to guide diabetes treatment and identify rare drug adverse events.

ADVANCES IN ENDOCRINOLOGY & METABOLISM

At the completion of this program, course participants will be able to:

- Decide when to use anabolic therapy in your patients with osteoporosis;
- Advise patient on how long to stay on antiresorptive treatment;
- Manage bone disease due to kidney failure;
- Assess why a patient might have an elevated calcium and/or PTH level;
- Manage commonly encountered thyroid disorders (clinical cases);
- Appreciate the surgical options for benign and malignant thyroid disorders;
- Deliver high quality care for patients with incidental adrenal nodules;
- Appreciate the challenges of treating endocrine disorders during pregnancy;
- Advise patients undergo cancer treatment on their options for fertility preservation;
- Appreciate the roles of genes in pituitary tumors;
- Evaluate and treat patient with Cushing's syndrome;
- Identify and treat commonly seen lipid problems.

ACCREDITATION

In support of improving patient care, University of California, San Francisco Office of Continuing Medical Education is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physicians: UCSF designates this live activity for a maximum of **18.25 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This CME activity meets the requirements under California Assembly Bill 1195, continuing education and cultural and linguistic competency.

Nurses: For the purpose of recertification, the American Nurses Credentialing Center accepts *AMA PRA Category 1 Credit™* issued by organizations accredited by the ACCME.

Physician Assistants: AAPA accepts category 1 credit from AOACCME, Prescribed credit from AAFP, and *AMA PRA Category 1 Credit™* from organizations accredited by the ACCME.

Pharmacists: The California Board of Pharmacy accepts as continuing professional education those courses that meet the standard of relevance to pharmacy practice and have been approved for *AMA PRA Category 1 Credit™*.

Registered Dietitians: The Commission on Dietetic Registration accepts as continuing professional education those courses that meet the standard of relevance to dietetic practice and have been approved for *AMA PRA Category 1 Credit™*.

Geriatric Medicine: The approved credits shown above include **0.75** credits toward meeting the requirement under California Assembly Bill 1820, Geriatric Medicine.

Maintenance of Certification: Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to **18.25** MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC points.

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DIABETES UPDATE

Thursday, March 28, 2024

7:30 am	<i>Registration/Continental Breakfast</i>	
8:00	Diabetes and ER – Role in Causation and Potential Treatments	Feroz Papa, MD, PhD
8:55	Insulin Therapy in Type 2 Diabetes	Sarah Kim, MD
9:50	<i>Break</i>	
10:10	Challenges in Pump Therapy	Jenise Wong, MD, PhD
11:05	What Kind of Diabetes Do I Have – An Update on Monogenic Diabetes	Michael German, MD
12:00 pm	<i>Lunch (On Your Own)</i>	
1:15	How Big Data Can be Used to Inform Diabetes Management	Robert J. Rushakoff, MD, MS
2:10	GLP1 Receptor Agonists/SGLT2 Inhibitor – Long Term Treatment and Complications	Gregory Ku, MD, PhD
3:05	<i>Break</i>	
3:25	Immunotherapy for Type 1 Diabetes	Zoe Quandt, MD
4:20	Diabetes and Cancer	Umesh Masharani, MB, BS
5:15 pm	<i>Adjourn</i>	

ADVANCES IN ENDOCRINOLOGY AND METABOLISM

Friday, March 29, 2024

7:30 am	<i>Registration</i>	
8:00	The Anabolic Era in Osteoporosis Treatment – Biology and Clinical Applications	Kelly Wentworth, MD
8:55	The Skeleton and Chronic Kidney Disease	Edward C. Hsiao, MD, PhD
9:50	<i>Break</i>	
10:10	G Osteoporosis -Duration of Treatment and Managing Drug Holidays	Anne Schafer, MD
11:05	Elevated Calcium and PTH Levels – Pitfalls in Interpretation	Steven T. Harris, MD
12:00	<i>Lunch</i>	
1:15 pm	Thyroid Cases	Elizabeth Holt, MD, PhD
2:10	Surgery for Benign and Malignant Thyroid Disease	Jessica Gosnell, MD
3:05	<i>Break</i>	
3:25	Adrenal Incidentalomas – an Update on Evaluation Strategies	Myat H. Soe, MD, MS
4:20	Uncommon Endocrine Disorders in Pregnancy	Ingrid J. Block-Kurbisch, MD
5:15 pm	<i>Adjourn</i>	

Saturday March 30, 2024

8:00 am	Fertility Preservation in Patients Undergoing Chemotherapy	Hakan Cakmak, MD
8:55	Genetics of Pituitary Tumors	Manish Aghi, MD, PhD, MAS
9:50	<i>Break</i>	
10:10	Cushing's Syndrome	J. Blake Tyrrell, MD
11:05	Update on Lipid Therapies	Suneil Koliwad, MD, PhD
12:00 pm	<i>Adjourn</i>	

program



March 28-30, 2024 • Marine's Memorial Club & Hotel, San Francisco, CA

GENERAL INFORMATION

Advanced registration closes one (1) business day prior to start of course. Advance registration is encouraged to ensure adequate course materials. The syllabus will be available electronically approximately 1 week prior to the course.

HOW TO ENROLL

SESSIONS

	Early Bird Ends 02/29/24	Regular Fee Begins 03/01/24
Physician Full Course	\$635.00	\$685.00
Physician Diabetes Only	\$385.00	\$435.00
Physician Endo Only	\$485.00	\$535.00
AHP Full Course	\$435.00	\$485.00
AHP Diabetes Only	\$285.00	\$335.00
AHP Endo Only	\$335.00	\$385.00
Resident/Fellow Full Course	\$350.00	\$400.00
Resident/Fellow Diabetes Only	\$200.00	\$250.00
Resident/Fellow Endo Only	\$300.00	\$350.00

* Nurses, Nurse Practitioners, Physician Assistants, Dietitians, Pharmacists, Residents, Fellows and Interns are eligible for the Advanced Health Care Professionals rate.

REGISTER VIA

Online: cme.ucsf.edu

Mail: Complete course registration form and send with payment to:

**UCSF Office of Continuing
Medical Education**

Box 0742 • 490 Illinois Street, Floor 8
San Francisco, CA 94143

Phone: To register by phone or to inquire about registration status, please call UCSF's CME Registration Office at (415) 476-5808.

Payment can be made by check, Visa, MasterCard, or AmEx.

Please check our website for up-to-date information on the course: cme.ucsf.edu

REFUND POLICY

Cancellations received in writing before **March 27, 2024** will be refunded, less a \$75 administrative fee. No refunds will be made on cancellations received after that date.

CONFERENCE LOCATION

Enjoy San Francisco's renowned attractions such as the historic cable cars, shopping in Union Square, or visit San Francisco's culinary hub at the Ferry Building.

The Marines' Memorial Club & Hotel is just steps from Union Square, famed cable cars, and the Theatre District. A block of guestrooms has been reserved at the special UCSF conference rate of **\$252 Standard/Deluxe**. You are urged to make your reservations early. The cut-off date is **February 27, 2024** or until the group room block is filled. After this date, rooms will be provided on a space available basis only. To make hotel reservations, you can book online at <https://marinesmemorial.org> and click Attendees can click the "Book a Stay"

Reservation button and place the offer code **DIAB2024** or call 1-800-562-7463 and ask for UCSF Diabetes Update 2024 in order to receive the group rate. The Marines' Memorial Club & Hotel is pleased to include the following in the room rates as quoted:

- Complimentary Deluxe Continental breakfast and a two-hour hosted cocktail reception daily in the Restaurant and Bar located on the 12th floor of the hotel, with panoramic views of the city
- Entrance to Active Sports Club Union Square with indoor lap pool and state of the art equipment located on property
- Complimentary use of the Business Center, with internet access, scanner, fax and printer
- Complimentary High speed Broadband and Wi-Fi access in all guestrooms, suites and function space.

**Hotel Policies: Reservations must be cancelled at least 48 hours in advance or a one-night's stay (and applicable taxes) will be charged. A credit card number is required to confirm your reservation. Check-in is 4:00 pm; Checkout is 12:00 noon.

Reservation requests made after **February 27, 2024** will be honored at the conference room-rates on a space available basis. Room rates are subject to all state and local taxes (currently 16.43%, subject to change without notice).

By staying at the host hotel, you help the University of California meet its contractual obligations and keep future registration fees reasonable. Please take this into consideration when making your accommodation decisions.

AIR TRANSPORTATION

UCSF has negotiated special fares with United Airlines and Hertz Car Rental for our course attendees. Please visit the TRAVEL AND LODGING section on the course webpage for more information and the proper discount codes.

general info



COURSE CHAIR

University of California, San Francisco

Umesh Masharani, MB, BS

Professor of Medicine
 Division of Endocrinology
 and Metabolism

COURSE FACULTY**Manish Aghi, MD, PhD**

Professor of Neurological Surgery
 California Center for Pituitary
 Disorders

Ingrid J. Block-Kurisch, MD

Professor of Obstetrics and
 Gynecology

Hakan Cakmak, MD

Associate Professor
 of Obstetrics, Gynecology
 and Reproductive Sciences

Michael German, MD

Professor of Medicine
 Division of Endocrinology and
 Metabolism

Jessica Gosnell, MD

Associate Professor of Surgery
 Division of General Surgery

Steven T Harris, MD

Professor of Medicine
 Division of Endocrinology and
 Metabolism

Elizabeth Holt, MD, PhD

Professor of Medicine and Surgery
 Director of Inpatient Endocrinology
 and Transition Care
 Division of Endocrinology and
 Metabolism

Edward C. Hsiao, MD, PhD

Professor,
 Institute of Genetics and Division
 of Endocrinology and Metabolism

Sarah Kim, MD

Professor of Medicine,
 Division of Endocrinology
 and Metabolism
 Director, ZSFG Adult Diabetes
 Clinic; ZSFG Adult Weight
 Management Clinic; & UCSF
 Diabetes Teaching Center

Suneil Koliwad, MD, PhD

Associate Professor
 Chief, Division of Endocrinology
 and Metabolism

Gregory Ku, MD, PhD

Associate Professor
 Division of Endocrinology
 and Metabolism

Feroz Papa, MD, PhD

Professor of Medicine
 Division of Endocrinology
 and Metabolism

Zoe Quandt, MD MS

Assistant Professor of Medicine
 Division of Endocrinology and
 Metabolism

Robert J. Rushakoff, MD, MS

Professor of Medicine
 Division of Endocrinology
 and Metabolism

Anne Schafer, MD

Professor of Medicine and of
 Epidemiology and Biostatistics
 Chief, Division of Endocrinology
 and Metabolism
 San Francisco VA Medical Center

Myat H. Soe, MD, MS

Assistant Professor of Medicine
 Division of Endocrinology and
 Metabolism

J. Blake Tyrrell, MD

Professor Emeritus of Medicine
 Division of Endocrinology and
 Metabolism

Kelly Wentworth, MD

Assistant Professor of Medicine
 Division of Endocrinology and
 Metabolism

Jenise Wong, MD, PhD

Associate Professor of Pediatrics
 Division of Endocrinology

COURSE REGISTRATION FORM • **MDM24E01**

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Mail to : UCSF Office of CME, Box 0742
490 Illinois Street, Floor 8
San Francisco, CA 94143

Online registration: **cme.ucsf.edu**
Registration Information: (415) 476-5808
Course Information: (415) 476-4251

Dr. Ms. Mr. Mrs. Mx.

LAST NAME FIRST M.I.

DEGREE SPECIALTY

ADDRESS

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DAYTIME PHONE

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Address Label Code Letter (see address label: example, A, B, C, D, etc.) _____

Please indicate if you have any special needs: _____

Would you like to be on our priority email list? Yes No

Registration Fees

Please check session(s) attending:

	Early Bird Ends 02/29/24	Regular Fee Begins 03/01/24
Physician Full Course	<input type="checkbox"/> \$625.00	<input type="checkbox"/> \$675.00
Physician Diabetes Only	<input type="checkbox"/> \$375.00	<input type="checkbox"/> \$425.00
Physician Endo Only	<input type="checkbox"/> \$475.00	<input type="checkbox"/> \$525.00
AHP Full Course	<input type="checkbox"/> \$425.00	<input type="checkbox"/> \$475.00
AHP Diabetes Only	<input type="checkbox"/> \$275.00	<input type="checkbox"/> \$325.00
AHP Endo Only	<input type="checkbox"/> \$325.00	<input type="checkbox"/> \$375.00
Resident/Fellow Full Course	<input type="checkbox"/> \$350.00	<input type="checkbox"/> \$400.00
Resident/Fellow Diabetes Only	<input type="checkbox"/> \$200.00	<input type="checkbox"/> \$250.00
Resident/Fellow Endo Only	<input type="checkbox"/> \$300.00	<input type="checkbox"/> \$350.00

Check enclosed **payable to UC Regents**

Please charge my credit card: Visa MasterCard AmEx for \$ _____

CARD # _____

EXPIRATION DATE _____

NAME ON CARD (PLEASE PRINT) _____

AUTHORIZED SIGNATURE _____

Refund Policy: Cancellations received in writing before **March 27, 2024** will be refunded, less a \$75 administrative fee. No refunds will be made on cancellations received after that date.

Please check our website for up-to-date information on the course: **www.cme.ucsf.edu**

Marines' Memorial Club & Hotel
609 Sutter St
San Francisco, CA 94102
+1 (415) 673-6672
<https://marinesmemorial.org>

